

THE CONVERSATION IN THE SPIRIT

Personal reflection and group meetings with *the conversation in the Spirit*

PERSONAL REFLECTION/PREPARATION 10 minutes

Time for personal reflection on the questions, in preparation for the Group Meetings

At around mid-Session the participants will have a moment of personal reflection on the two questions highlighted after the presentation of the Reports of the Session.

Towards the end of this reflection, participants weigh the fruits which emerged and decide what to share in the group meeting later on in the Session.

GROUP MEETINGS – PROCESS

TAKING THE WORD AND LISTENING

First Round 3 minutes per person

With the help of a Facilitator, the group is assembled and the meeting begins. Each person in turn shares, for 3 minutes per person, the fruits of what happened during the personal preparation time on the two questions, and listens carefully to who is speaking. There is no discussion or interaction between participants at this time, except to ask for clarification of a word or phrase if necessary.

MAKING SPACE FOR OTHERS AND THE OTHER

Second Round 3 minutes per person

After a moment of silence, participants share what emerged in them from listening to others in the first round. This is not a time to discuss or refute what someone else says, nor to bring up what participants forgot to mention in the first round. This is a time to share about: ● How was I affected by what I heard? ● Was I particularly touched by a specific sharing? Is there something missing that I expected to be said? ● Did I receive a particular insight or understanding? What is it about? ● Where did I experience a sense of harmony with others as we shared? Is there a common thread?

BUILDING TOGETHER

Third Round 25 minutes

After another moment of silence, participants share in an open dialogue, moderated by the facilitator, what has transpired. During the dialogue they reflect together on how the conversation unfolded and decide on the main points that they will write down in a few words in the padlet that will be provided:

- ▶ Three open challenges
- ▶ Three paths that should be taken
- ▶ Good practices that have emerged

The conversation in the Spirit: a dynamic of discernment in the synodal Church



PERSONAL PREPARATION

By entrusting oneself to the Father, conversing in prayer with the Lord Jesus and listening to the Holy Spirit, each one prepares his or her own contribution to the question about which he or she is called to discern.

SILENCE AND PRAYER

TAKING THE WORD AND LISTENING

Each person takes turns speaking from his or her own experience and prayer, and listens carefully to the contribution of others.



SILENCE AND PRAYER



MAKING SPACE FOR OTHERS AND THE OTHER

From what the others have said, each one shares what has resonated most with him or her or what has aroused the most resistance in him or her, allowing himself or herself to be guided by the Holy Spirit: "When, listening, did my heart burn within me?"

SILENCE AND PRAYER

BUILDING TOGETHER

Together we dialogue on the basis of what emerged earlier in order to discern and gather the fruit of the conversation in the Spirit: to recognize intuitions and convergences; to identify discordances, obstacles and new questions; to allow prophetic voices to emerge. It is important that everyone can feel represented by the outcome of the work. "To what steps is the Holy Spirit calling us together?"



FINAL PRAYER OF THANKSGIVING

